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as Christ's Followers we Prayerfully Seek to Grow In Christ and to Share God's Love through Faith In Action.

## From the Clergy 02/02/2025

### Five Missional Habits



- BLESS: I will bless three people this week, at least one of whom is not a member of our church.
- EAT: I will eat with three people this week, at least one of whom is not a member of our church.
- LISTEN: I will spend at least one period of the week listening for the Spirit's voice.
- LEARN: I will spend at least one period of the week learning Christ.
- SENT: I will journal throughout the week about all the ways I alerted others to the reign of God through Christ.

### **Bless (Verb): To bring prosperity or happiness to someone (Merriam-Webster)**

This week, we're diving into the first habit of highly missional people as part of our pre-HOPE25 program: BELLS Habits (Surprise the World!). And the first surprising habit is all about blessing others!

Michael Frost describes blessing as anything that helps lighten someone's load or brings a little more peace to their life. It could be something small or something big, but it's all about making life a little easier, brighter, or happier for someone else.

One great way to bless others is through words of affirmation—sending a kind note, a quick text, or just offering some encouragement. Sometimes, a simple word is like oxygen to someone's soul.

Another way is through actions—maybe you lend a hand with something, like babysitting for a family or helping a neighbour with their garden. Even small acts of kindness, like taking out someone's wheelie bin or offering a helping hand when they're moving, can really make a difference.

And then there are gifts—not for a special occasion, but just because! A little something to show you're thinking of someone can go a long way.

Whether it's quality time, words, actions, or gifts—if we make these habits a part of our daily lives, we start to build a culture of blessing in our church and in our community.

Frost challenges us to bless three people a week, including at least one who isn't part of the church family. But remember, it's not about counting numbers or ticking boxes. It's about living out grace, as Jesus invites us to do in Matthew 11:29: "Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you."

So, let's not make blessings a burden, but let's be intentional about making them a natural part of who we are. Together, as a church family, let's become a blessing to those around us and let that flow out to the world!

Grace & peace  
Jen, Narelle and Sam

## Please pray for:

### Those in our Parish...

Keily Family, Noel & Glenda Rodger, Ella Sinclair, Khalil Mellick, Maddison Chellon, Clyde Hoffman, Carol Smith, Del Lockyer, Clyde Wode, Joyce Watts, Judy Truss, Judy, Lachlan Day, Brian Derbyshire, Bev Jarvis, Helen Limkin, Ian Cross, Janine Jaques, Garry and Lyn Gibbons, Sue Wager. Please pray for those in need of care and healing at this time; pray for our Connect Groups.

### Parish Prayer

That our parish be lit up with enthusiasm for the Hope 25 project.  
That God would put in our hearts ideas of what we are prepared to do

### BCA Daily Prayer Diary...

[BCA Prayer Notes Summer 2024.pdf](#)

### CQ DIOCESE – Daily Prayer Diary :

[Prayer Diary 2025](#)

### Hope 25 Prayer resources:

[Prayer Resources](#) | [Hope25](#) | [Anglican Church of Australia](#)

### Prayer for the Incumbent

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments; and who will be an encourager equipping your people for ministry and enabling us to fulfill our calling. Give to those who will choose, wisdom, discernment and patience, and give to us, warm and generous hearts, for Jesus Christ's sake. Amen

## AGM 16/03/2025

Parish AGM will be on Sunday 16/03/2025 at 10.00am. Please have your group's report in to Ross by Sunday the 2nd of march for compilation  
Thank you.

## SERMON NOTES

### PC Summary for November/ December

Cash at Bank	31 December 2024 (parish accounts only)	
\$243,718.39		
		Decem
ber 2024		
In-		
come		\$25,287.76
Expenses (including movement in GST)		\$17,299.74
Sur-		
plus (Deficit)		\$ 7,988.02
During December we paid for the replacement of windows in the Hall after the vandalism. Hook St plumbing repairs were undertaken in December with the clearing of blocked drains from the kitchen cleared.		

We also paid some of our 2024 Mission giving to Northside school chaplaincy, BCA money boxes and donations. Bishop Fund monies were transferred to the Diocese.  
Parish council voted to hold over further mission giving until the 2025 financial year, with the view of setting the recipients of our donations early in the year, so Parish Council and Parishioners know who our funds will be benefiting for 2025 year.

# Bible Readings

## Lectionary Readings

	02 February	09 February
1st	Jeremiah 1.4-10	Isaiah 6.1-8(9-13)
Psalm	71.1-6	138
Epistle	1 Corinthians 13.1-13	1 Corinthians 15.1-11
Gospel	Luke 4.21-30	Luke 5.1-11

### Direct Giving

Account: Parish of North Rockhampton  
BSB: 704-901  
Account: 13502

Containers for Change  
C10353370

Scan the QR Code for a link to direct giving



## PC Summary for November/December Cont'd

### Mission giving.

PC will again support two North Rockhampton High School students, paying their school fees for Assistant Nursing, which provides direct entry into health services at University.

We will send representatives to attend Speech Night and either present the Bursaries or see them presented.

We will donate all fundraising from 2024 and 2025 to Yeppoon Women's Refuge Foundation Ltd which Kepple Parish is assisting with.

### Locum

Rev Dr Sam Gough his wife Beck, children Henry (11) and Phoebe (9).

Thanks to the generosity of our Anglican community we have a home in Gracemere for Rev Dr Sam and his family until the Rectory becomes available.

Thank you again for the generosity of our Anglicans we have all basic furniture and household goods until their furniture and household items arrive from Tasmania.

2nd February will be Rev Dr. Sam's first Sunday among us. Come ready to welcome him and his family.

We will celebrate with a special morning tea.

If you would like to cook or make sandwiches for this occasion please let Christine know.

Rev Dr Sam's coming will allow Rev Narelle to have a much lighter load.

Rev Narelle thanked us for allowing her to lead us (and we thanked God for the blessing of Rev Narelle).

### Christmas Services

Very positive feedback received about the 3 Christmas Services.

We also receive very favorable comments about all our corner signs, but (A long time ago in a Galilee far far away) was thought by many to be especially good.

### Kids Club

Renee is in urgent need of some helpers. Please talk with Renee if this is something you think you could be of assistance with this vital Ministry.

### Parish Planning Day

Please keep Sunday 16<sup>th</sup> February free in your diary. It is an opportunity for you to have your say.

What are our priorities for the next 5 years?

What will we do to drive our Hope 25 project?

Thank you, your Parish Council

# Calendar & Contacts

Please let Ross know if you'd like any events added to the calendar

## Weekly Events



**Mainly Music** Every Tuesday  
9.30am RETURNING 4/2/25  
Contact Yvonne: 0403 137 293



**All Saints Kids Club** Every  
Friday 3.30pm  
RETURNING 7/2/25  
Contact Renee: 0403 137 293



**Connect / Bible Study Groups**  
**Alternate Wednesday 10.30am**  
@Rice Street  
Contact Narelle: 0429 180 282  
**Thursday 9.30am @All Saints**  
Contact Jenny 4928 5651  
**Saturday 10am @All Saints**  
Contact Jen: 0435 824 414

## Monthly Events

1st Sunday Parish Lunch  
Contact Robert: 0429317165  
1st Monday GFS Craft and Chat Morning at St  
Matthew's Senior Citizens Hall 9:30am  
1st Tuesday 10am Leinster Place  
Contact Narelle 0429 180 282  
1st Friday 10am Fellowship service  
2nd Monday 10.00am Ladies Cuppa & Chat  
Contact Carol 0409 578 562  
2nd Tuesday 10am St Matthews  
Contact Narelle 0429 180 282  
2nd & 4th Wednesday 10.30am Bible Study  
Contact Narelle 0429 180 282  
2nd Friday 9.30am MU  
Contact Glenda 0427 717 628  
3rd Sunday 10.00 Parish Council  
3rd Monday 9.30am Bethany  
Contact Narelle 0429 180 282  
3rd Monday GFS Craft and Chat Morning at St  
Matthew's Senior Citizens Hall 9:30am  
4th Tuesday 10am St Matthews  
Contact Narelle 0429 180 282

## NORTH ROCKHAMPTON

**Parish Office Phone:** 4926 3570

**Address:** 134 Simpson Street  
Frenchville.

**Postal Address:** PO Box 6512, Red Hill, 4701

**Website:** [www.allsaintsrocky.org.au](http://www.allsaintsrocky.org.au)

### Churchwardens

Robert Ransome 0429 317 165

Christine Dobebe 07 4926 1845

### Parish Treasurer

Yvonne Green 0403137293

### Parish Secretary

Karen McTier

### Locum Minister

Rev Narelle Kidson (St Matthew's, Leinster Pl  
+ Bethany)

M: 0429 180 282

E: [narellekidson1949@gmail.com](mailto:narellekidson1949@gmail.com)

### Assisting Minister

Rev Jennifer Hercott

M: 0435824414

### Office Contact

Ross Green

M:0488365911

O: 4926 3570

E: [allsaintscommunity@bigpond.com](mailto:allsaintscommunity@bigpond.com)

**Diocesan Office** (M 12<sup>pm</sup>-3<sup>pm</sup>, TWF 10<sup>am</sup>-3<sup>pm</sup>)

Barbara Smith (Bishop's PA)

O: 4927 3188

E: [diocese@anglicanchurchcq.org.au](mailto:diocese@anglicanchurchcq.org.au)

### Direct giving/deposit to Parish

BSB 704-901 A/C 13502

### Containers for Change Rego Number

C10353370

Please complete + tear off this section + give it to Narelle after the service to add/update your details or to let us know how we can serve.

**Name:**..... **Service:** ..... **Date:** .....

**Address:** ..... **Email:** .....

**Mobile:** ..... **Hm:**..... **Wk:**.....

**Request:** .....